

About The Speakers

Healthy Driven
Edward-Elmhurst
HEALTH

Jonathan Pinsky, MD



Dr. Pinsky received his medical degree from St. Georges University School of Medicine. He completed his residency and fellowship at Loyola University Medical Center and has been in practice for over 20 years. Dr. Pinsky practices at Metro Infectious Disease Consultants and is affiliated with several hospitals in the Greater Chicagoland Area. He is board certified in Infectious Disease, and his medical interests include HIV, Bone and Joint Infections, Antibiotic Stewardship, Blood Stream Infections, Cellulitis, Clostridium difficile, Device Infections, Endocarditis and Urinary Tract Infections.

Patrick Moore, MD



Dr. Moore is a board certified in Internal Medicine. He received his undergraduate degree at University of North Carolina at Chapel Hill and his medical degree from Ross University School of Medicine. He completed his residency at East Carolina University, and he is currently in his second year of fellowship in Hematology/Oncology at Loyola University Medical Center. His clinical and research experience includes diagnosis, staging, management and treatment of solid tumors with hematology focus on coagulation, hematologic malignancies, anemias, hemoglobinopathies, and qualitative and quantitative disorders of leukocytes and

Paola Susan, MD



Dr. Susan is a board certified family medicine specialist at Rush University Medical Center. She received her medical degree at Pontifical Xavierian University School of Medicine in Colombia and completed her residency at Saints Mary and Elizabeth Medical Center in Chicago. Some of her clinical expertise includes: asthma, birth control, diabetes, heart disease in women, high cholesterol, lifestyle medicine and newborn and pediatric physical examination. She is deeply passionate about treating the underserved populations—specifically the lesbian, gay, transgender, queer and bisexual communities. One of her biggest victories as a family physician has been to help teenagers coming out to their families.

George Nijmeh, MD



Dr. Nijmeh completed his medical degree, fellowship and residency as Chief Resident in Internal Medicine from the University of Illinois at Chicago. His medical interest include cardiology, cardiac stress testing, echocardiography, transesophageal echocardiography, nuclear cardiology, preventative cardiology, hypertension, heart failure, coronary artery disease, and high cholesterol. He specializes in a variety of cardiology procedures, such as: 2-D Echocardiographic Stress Testing, 24-Hour Holter Monitoring, 30-day Event Monitoring Echocardiography and Cardiac Stress Testing. Dr. Nijmeh is board certified in cardiology, clinical hypertension, echocardiography, internal medicine and nuclear cardiology.

Registration **required** by **October 14th**
www.eehcme.org

Join us for this wonderful
educational event!

Video Conference option
available upon registration.

October 21, 2020 | Edward Education Center (E301)
801 S Washington Street, Naperville, IL | 8:00 AM—12:15 PM

Healthy Driven
Edward-Elmhurst
HEALTH

Primary Care Conference

October 21, 2020



Oct 21, 2020 | 8:00 AM—12:15 PM

(Immediately following the Department of Family Practice Meeting)

Edward Hospital Education Center (E301)

801 S Washington Street | Naperville IL

Register: www.eehcme.org

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AGENDA

- 7:45–8:00 am** **Check-in/Breakfast**
A light breakfast will be available to participants.
- 8:00–9:00 am** **Update on Coronavirus by Jon Pinsky, MD**
At the conclusion of this live activity, participants will be able to explain the different types of COVID-19 tests; review isolation and quarantine for patients infected or exposed to COVID-19; summarize management options for COVID-19 positive patients; and discuss vaccine development for COVID-19.
- 9:00–10:00 am** **Review of Leukemia by Patrick Moore, MD**
At the conclusion of this live activity, participants will be able to recall the symptoms and diagnosis of leukemia, describe the appropriate testing to make the diagnosis of leukemia, and employ the appropriate referral process for patients diagnosed with leukemia.
- 10:00–10:15 am** **BREAK**
- 10:15–11:15 am** **Update on Transgender Health Issues by Paola Susan, MD**
At the conclusion of this live activity, participants will be able to discuss what transgender is and the appropriate pronouns, describe appropriate medical care evaluation methods and follow up for transgender patients, and utilize correct knowledge to be reaffirming and compassionate providers for patients who are transgender.
- 11:15–12:15 pm** **Update on Hypertension by George Nijmeh, MD**
At the conclusion of this live activity participants will be able to define the appropriate workup and diagnosis of hypertension, describe the treatment options for patients with hypertension, and discuss the follow up of patients being treated for hypertension.



Illinois State Medical Society Edward-Elmhurst Health is accredited by the Illinois State Medical Society (ISMS) to provide Continuing Medical Education to physicians. Edward-Elmhurst Health designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The AAFP has reviewed 2020 EDW Primary Care Conference and deemed it acceptable for up to 4.00 In-Person, Live (could include online) AAFP Prescribed credit. Term of Approval is from 10/21/2020 to 10/21/2020. Physicians should claim only the credit commensurate with the ex-

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Edward-Elmhurst Health Family Practice Conference



OVERVIEW

On January 31, 2020, Health and Human Services Secretary, declared a public health emergency for the U.S. to aid the nation's healthcare community in responding to COVID-19. The outbreak of respiratory disease caused by the novel coronavirus, COVID19 has caused high morbidity and mortality rates. This activity is designed to furnish providers with the latest information and resources on the virus in order to properly identify and follow CDC protocol for the reporting and management in identified patients.

Most often, leukemia is a cancer of the white blood cells, but some forms of leukemia start in other blood cell types. Leukemia was a deadly condition for many years. However, medical breakthroughs and improved treatments have allowed many patients to be cured of certain types of leukemia. After diagnosis and treatment, many people with leukemia live many good, quality years. This activity is designed to educate providers on the different diagnoses of leukemia types, the varying treatment options, and the process for referral to an appropriate specialist.

There are an estimated 1.4 million transgender adults in the U.S. and Illinois alone has an estimated population of 50K. Their health issues are commonly misunderstood due to lack of exposure, stigma, and even discrimination. This activity is designed to help physicians identify the health disparities in physical care of transgender patients, learn how to emotionally care for transgender patients, ask about gender identity, and use preferred pronouns.

According to the CDC, the prevalence of hypertension is 29.0% and increases with age. Hypertension is a common medical problem that can increase the risk for heart disease and stroke. It is also a culturally based issue. Hypertension prevalence is higher among non-Hispanic black than non-Hispanic white, non-Hispanic Asian, or Hispanic adults. Controlling high blood pressure is still an issue for many adults. This activity is designed to discuss the complex nature of hypertension so providers are aware of how to assist patients in avoiding increased risk, screening and diagnosis guidelines, and the latest available treatment options.

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